Punjab Medical Council

Retina Fellows Retreat

3rd Retina Fellows Retreat

Theme: Vitreoretinal Surgery - All that a Young Surgeon needs to know !

18th - 20th April 2025

At

Advanced Eye Centre, PGIMER & The Lalit
Chandigarh, India

Organized by

Advanced Eye Centre

Postgraduate Institute of Medical Education and Research, Chandigarh (PGIMER)

Under the aegis of Eye Research Foundation

This activity has been accredited by Punjab Medical Council with 9 CME credit hours

Prof. Amod Gupta

RFR Mentor of the Year Award

Oration by

Prof. Prithvi Mruthyunjaya

Stanford University, USA

Prof. M R Dogra

RFR Fellow of the Year Award

Invited Faculty


Ajay Aurora


Aditya Kelkar


Alok Sen


Abhinav Dhami


Ashish Markan


Chaitra Jayadev


Daraius Shroff


Divyansh Mishra


Gaurav Sanghi


Indu Sen


Indu Singh


Jatinder Singh


K S Kumar


Lalit Verma


Meenu Dangi


Manisha Agarwal


Manish Nagpal


Mansi Sharma


Mudit Tyagi


Nikita Gupta


Nitin Kumar Menia


Pallavi Singh


Paawan Malhotra


Parveen Sen


Ravinder Malhi


Ramanuj Samata


Rajeev Gupta


Pramod Bhende


Sabia Handa


Srinivas Joshi


Saveen Gupta


Subina Narang


Samyak Mulkutkar


Sahil Jain


SPS Grewal


Subhendu Boral


Tanvir Samra


Thirumalesh MB


Unnikrishnan Nair


Uday Tekchandani


V R Sarvanan


Vinod Kumar

Scientific Programme

3rd RFR Retina Fellows Retreat

SCIENTIFIC PROGRAMME

Friday, 18th April 2025 (Day-1)

Venue: AEC Auditorium, Advanced Eye Centre, PGI Chandigarh

Session / Time	Topic	Speaker
11:30 am – 12:30 pm	Registration Round of AEC and Lunch	

Session - 1 12:30 - 3:30 pm	Surgery from AEC OT	
Panelists	M R Dogra, Pramod Bhende, Parveen Sen, Manish Nagpal, VR Sarvanan, Aditya Kelkar	
Moderators	Deeksha Katoch, Mohit Dogra	
OT Coordinator		Atul Arora
OT Team	Simar Rajan Singh, Basavaraj Tigari, Vinay Patil, Shilpa Vishwanath, Anushka Agarwalla, Divya Chauhan	
Anaesthesia Team	Indu Sen, Tanvir Samra	
Surgeries	Stage 4 ROP	Simar Rajan Singh, Anushka Agarwalla Divya Chauhan
	Macular Hole	Vinay Patil , Basavaraj Tigari
	Vitreous Hemorrhage	Shilpa Vishwanath, Basavaraj Tigari
Session Talks / 10 mins each		
1. ROP Surgery Success: Mastering Pre-Op Prep, Case Selection, and OR Team Readiness		Deeksha Katoch
2. Initiating ROP Surgery in a Private Setting: A Step-by-Step Approach for Success		Parveen Sen
3. Macular Surgery for beginners: Tips & Tricks		Srinivas Joshi

3:30 - 4:00 pm	Coffee Break

Session - 2 4:00 - 7:00 pm	Surgery from AEC OT	
Panelists	Prithvi Mruthyunjaya, Jatinder Singh, Manisha Agarwal, Unnikrishnan Nair, Subendu Boral, Reema Bansal, Vishali Gupta	
Moderators	Simar Rajan Singh, Samyak Mulkutkar	
OT Coordinator		Atul Arora
OT Team	Mohit Dogra, Basavaraj Tigari, Ashutosh Gupta, Vishnu Todi, Shilpa Sabu	
Anaesthesia Team	Indu Sen, Tanvir Samra	
Surgeries	•Diagnostic Vitrectomy	Mohit Dogra, Shilpa Sabu
	•Secondary IOL	Ashutosh Gupta, Basavaraj Tigari
	•Re- Retinal Detachment	Mohit Dogra, Vishnu Todi
Session Talks / 10 mins each		
1. Vitreous & Chorioretinal Biopsies: Key Do's and Don'ts for Safe and Effective Practice		Prithvi Mruthyunjaya
2.Secondary IOLs – Which technique to choose and When?		Pawan Puneet Malhotra
3.Recurrent RD: Tips & Tricks		Daraius Shroff

7:00 pm onwards	Dinner

3rd RFR Retina Fellows Retreat

SCIENTIFIC PROGRAMME

Saturday, 19th April 2025 (Day-2)

Venue: Grand Ballroom, The Lalit, Chandigarh

Session / Time	Topic	Speaker
Session - 3 8:00 – 9:00 am	Expert Round Table – Part 1 Coffee & Conversation	

- The delegates will be asked to choose from any one round table.
- The experts will demonstrate the nuances of the allotted topic with surgical videos and moderators shall coordinate the closed group discussion.
- A special round table (on request) is social media handling.

Each Group shall have 10 attendees' max

Topic	Scleral Buckling	Diabetic Vitrectomy	ROP Lasers and Anti VEGF	VR Surgery in Oncology	Handling social media
Moderators	Divyansh Mishra Vishnu Todi	Uday Tekchandani Shilpa Vishwanath	Gaurav Sanghi Manu Sharma	Ramanuj Samantha Shilpa Sabu	Atul Arora Ashutosh Gupta
Experts	Daraius Shroff V R Sarvanan	Ajay Aurora Unnikrishnan Nair	Pramod Bhende Deeksha Katoch	Prithvi Mruthyunjaya Mohit Dogra	Ashish Markan Abhinav Dhami

9:00 - 9:15 am	Coffee Break

Session - 4 9:15 – 10:45 am	The Budding Issues: Key Considerations for Hardware in VR Surgery	
Panelists	Thirumalesh MB, VR Sarvanan, Srinivas Joshi, Mudit Tyagi, Prithvi Mruthyunjaya Sahil Jain	
Moderators	Basavaraj Tigari, Mohit Dogra	
9:15 - 9:27 am	Designing an OR: Modular vs Indigenous – Weighing the Pros and Cons	Alok Sen
9:28 - 9:40 am	Choosing the Right Microscope: Key Features to Look for in VR Surgery	Jatinder Singh
9:40 - 9:52 am	3D Vision in Surgery: Is It Worth the Investment?	Srinivas Joshi
9:53 - 10:05 am	Choosing the Right Machine: Key Factors to Consider for Optimal Performance	Subhendu Boral
10:05 - 10:17 am	Money Matters – Tips on Equipment Purchase and Reducing VR Surgical Cost without Compromising Quality	Ajay Aurora
10:18 – 10:30 am	The Art Capturing the Perfect Shot & Videos in Ophthalmic & Non-Ophthalmic Practice	Manish Nagpal
10:30 - 11:00 am	QA & Panel Discussion	

11:00 - 11:15 am	Coffee Break

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SCIENTIFIC PROGRAMME

Saturday, 19th April 2025 (Day-2)

Venue: Grand Ballroom, The Lalit, Chandigarh

Session / Time	Topic	Speaker
Session - 5 11:15 - 12:30 pm	**Improving Surgical Outcomes: Strategies for Precision and Success**	
Panelists	Aditya Kelkar, Alok Sen, Ravinder Malhi, Unnikrishnan Nair, Vinod Kumar Aggarwal, Mansi Sharma	
Moderators	Deeksha Katoch, Ramanuj Samanta	
Lessons from the OR: Expert Videos on Surgical Setbacks and How to Prevent them (6 min presentation + 4 min Discussion)		
11.15-11.25 am	Lesson -1	Sangeet Mittal
11.25-11.35 am	Lesson -2	Mudit Tyagi
11.35-11.45 am	Lesson -3	Thirumalesh MB
11.45-11.55 am	Lesson -4	Divyansh Mishra
11.55-12.05 pm	Lesson -5	Prithvi Mruthyunjaya
12.05-12.15 pm	Lesson -6	Pramod Bhende
12.15-12.30 pm	Practical Lessons from the Operating Room: A Retina Surgeon's Experience with the Indian Machines and Constellation	Saveen Gupta

Session - 6 12:30-1:10 pm	**Prof. Amod Gupta RFR Mentor of the Year Award 2025 and Oration**	
Chairpersons	Vivek Lal, Jagat Ram, Amod Gupta, M.R.Dogra, S.S.Pandav, Usha Singh	
Moderators	Reema Bansal	
12.30-12.32 pm	Introduction of Award	Vishali Gupta
12.32-12.34 pm	Introduction of Awardee	Simar Rajan Singh
12.34-12.40 pm	Felicitation	
12.40-1.10 pm	Oration by Prithvi Mruthyunjaya: Roads to Success: Mentors, Friends, and Collaboration	

1:10 - 2:00 pm	Lunch Break

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SCIENTIFIC PROGRAMME

Saturday, 19th April 2025 (Day-2)

Venue: Grand Ballroom, The Lalit, Chandigarh

Session / Time	Topic	Speaker
Session - 7 2:00-2:45 pm	**The Anti-VEGF Revolution: The Magic Wand in Retinal Care**	
Panelists	M R Dogra, Indu Singh, Divyansh Mishra	
Moderators	Lalit Verma	
2:00 – 2:03 pm	Context setting	Lalit Verma
2:03 – 2:13 pm	My Brolucizumab experience	Divyansh Mishra
2:13 – 2:23 pm	My experience with Brolucizumab in nAMD	Indu Singh
2:23 – 2:33 pm	Our experience with Brolucizumab	Lalit Verma
2:33 – 2:45 pm	Panel Discussion	
Session - 8 2:45 - 4:00 pm	**The Business of VR Surgery: Navigating the Future of Vision Restoration**	
Panelists	Subina Narang, Prithvi Mruthyunjaya, Rajeev Gupta, S P S Grewal, Sangeet Mittal, Daraius Shroff	
Moderators	Mohit Dogra, Simar Rajan Singh	
2:45-2:55 pm	Reusing Disposables in Surgery: Risks, Rewards, and Best Practices	Manisha Agarwal
2:55-3:05 pm	Optimal Utilization of OT Time and Space: Boosting Efficiency and Outcomes	Aditya Kelkar
3:05-3:15 pm	Calculating Surgical costs - What all needs to be accounted for while billing the patient?	S P S Grewal
3:15-3:25 pm	The Role of AI based retinal diagnostics— helping or replacing the physician?	Prithvi Mruthyunjaya
3:25-3:35 pm	Wet lab Training: How to keep upgrading your skills	K S Kumar
3:35-3:45 pm	VR Simulators in Surgery: Enhancing Efficiency and Precision	Vinod Kumar Aggarwal
3:45-4:00 pm	Panel Discussion	
4:00 - 4:15 pm	**Coffee Break**	
Session - 9 4:15-5:30 pm	**Choosing the Right Anti-VEGF: Navigating the Critical Crossroads in Retinal Treatment**	
Panelists	M R Dogra, Chaitra Jayadev, Parveen Sen, Pallavi Singh, Nitin Menia, Sabia Handa	
Moderators	Reema Bansal, Nishat Bansal	
4.15-4.30 pm	Decoding Diabetic Macular Oedema with Planned Cataract Surgery	MR Dogra
4.30-4.45 pm	Vabysmo : Dual promise of Safety & Durability	Parveen Sen
4.45-5.00 pm	Original Ranibizumab – The Gold standard Anti VEGF	Chaitra Jayadev
5.00-5.15 pm	Is PFS a compelling leap ahead	Daraius Shroff
5.15-5.30 pm	Early Intensive Aflibercept for DME: A Multi-Centre Indian Experience	Vinod Kumar Aggarwal

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SCIENTIFIC PROGRAMME

Saturday, 19th April 2025 (Day-2)

Venue: Grand Ballroom, The Lalit, Chandigarh

Session / Time	Topic	Speaker

Session - 10 5.30-6.30 pm	Expert Round Table – Part 2 Tea and Talk

- The delegates will be asked to choose from any one round table.
- The experts will demonstrate the nuances of the allotted topic with surgical videos and moderators shall coordinate the closed group discussion.
- A special round table (on request) is Financial Management.

Each Group shall have 10 attendees' max

Topic	Re-Vitrectomy for Retinal Detachment	Vitrectomy in Posterior Segment Trauma	Vitrectomy for Endophthalmitis	VR Surgery in Uveitis	Financial Management for VR Surgeons
Moderators	Vinay Patil Meenu Dangi	Pawan Puneet Malhotra Sumedha Vats	Nikita Gupta YVK Chaitanya	Ravinder Malhi Anushka Agarwalla	Samyak Mulkutkar Divya Chauhan
Experts	Vinod Kumar Agarwal Reema Bansal	Sangeet Mittal Thirumalesh MB	Mudit Tyagi Subina Narang	Vishali Gupta Manisha Agarwal	Rajeev Gupta K S Kumar

6:30-7:30 pm	Industry Interaction - Coordinator	Atul Arora

7.30 PM Onwards	Gala Dinner

3rd RFR Retina Fellows Retreat

SCIENTIFIC PROGRAMME

Sunday, 20th April 2025 (Day-3)

The Lalit, Chandigarh

Session / Time	Topic	Speaker
Session - 11 8.30-10.15 am	**My Best Medical Retina Case** (4 minutes case + 6 minutes discussion)	
Moderators	Deeksha Katoch, Basavaraj Tigari	
Judges	Amod Gupta, Aditya Kelkar, Jatinder Singh, Unnikrishnan Nair, Alok Sen, Vinod Kumar Agarwal	
1. Persistence Overcomes Resistance: A Non-Resolving PED		Sheetal Divate
2. Mysterious retinal pearls		Manu Sharma
3. Post-Vitrectomy Endophthalmitis		Shweta Singh
4. Hemorrhagic PED in Choroidal Osteoma		Subhodeep Thakur
5. Beyond the incubator-Endophthalmitis and ROP in preterm neonates		Richa Nyodu
6. When the Eye Tells a Deeper Story: Unmasking Amyloidosis		Vishnu Todi
7. Posterior Uveitis: What was missed and What was found?		Shilpa Sabu
8. When Retina Tells an Unsolved Mystery!		Divya Nellutla
9. Necrotizing Herpetic Retinal Conundrum: An Uncommon Case		Supriya Rawat
10. HSV associated choroiditis		Anushka Agarwalla

10.15-10.30 am	**Keynote Address by Prof Amod Gupta: Your paper is published- what now?**	**Amod Gupta**

10.30-10.45 am	**Coffee Break**

Session - 12 10.45-12.30 pm	**My Most challenging Surgical Case** (4 minutes case + 6 minutes discussion)	
Moderators	Mohit Dogra, Simar Rajan Singh	
Judges	M R Dogra, Manish Nagpal, Pramod Bhende, V.R Sarvanan, Prithvi Mruthyunjaya, Subhendu Boral	
1. From Trauma to Clarity: 2 Approaches, One Goal		Sheetal Divate
2. The Second Battle of Redetachment		Vineet Batwani
3. Small or Big: Hope for Every Eye		Kiran Kumari
4. How Small is too Small?!		Vinay Patil
5. Decoding the Detachment: A Strategic Surgical Approach		Rasiga Ravi
6. From Darkness to Light		Arjun Arora
7. The Sculptor's Chisel: Navigating Port Complications in Vitreoretinal Surgery		Priyanka Chanana
8. Fixed it Up: Innovative Technique to Fix Different Type of Dislocated IOLs		Ashutosh Kumar
9. Saving the Island of Vision		Shakha
10. My first challenging case in a journey through MCh: Serendipitous GRT with IOL drop		Manu Sharma

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SCIENTIFIC PROGRAMME

Sunday, 20th April 2025 (Day-3)

The Lalit, Chandigarh

Session / Time	Topic	Speaker
12.30-1.00 pm	Announcement & felicitation of M.R Dogra Best RFR Fellow 2025 Travel Grants, Awards for Best Medical Retina and Surgical Videos Feedback and Valedictory	
1.00 pm onwards	Lunch	

Selected e-Posters	
1. A Road Less Travelled: Surgical Management Of A Hybrid Cavitary Disc With Maculopathy	Debolina Deb
2. Vitrectomy for Dislocated IOL	Aakash Cheema
3. Coloboma RD with PVR	Divya Chauhan
4. Abgel to the rescue	Anusha Chinni
5. Recurrent Retinal Vasculitis	Sandhya Gaur
6. Autosomal Recessive Bestrophinopathies Mistaken for Diabetic Macular Edema	Chakpram Priyalaxmi
7. Behcet's disease presenting as unilateral combined Retinal Vascular occlusion in pediatric age group	Aditya Kashyap
8. When 'IT' refuses to let go!	Vinay Patil
9. Mega PED: You cant Catch the Tide with a Bucket	Kshitij Donimath

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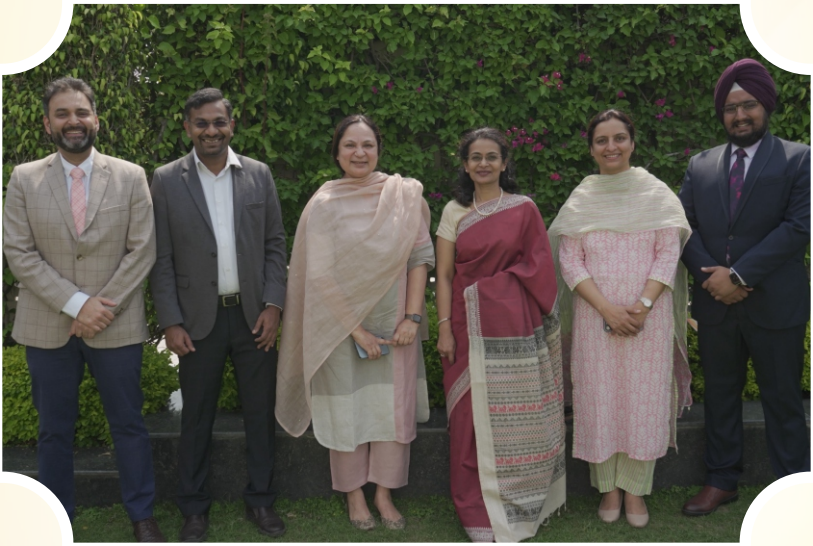


Host Faculty

S. S. Pandav

Usha Singh

Vishali Gupta

Reema Bansal

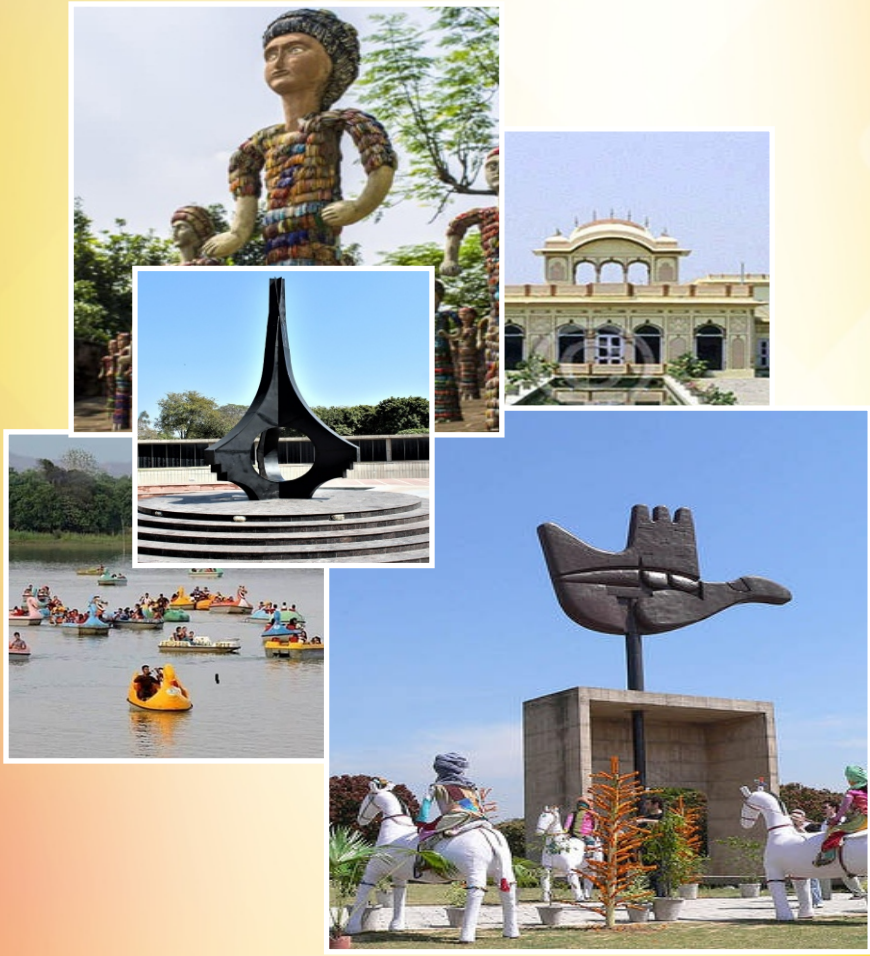
Deeksha Katoch

Mohit Dogra

Basavaraj Tigari

Simar Rajan Singh

Atul Arora



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